

# The Church in Westbury Park

## Online Services for Ordinary Time 2021

This booklet is the one you will need for most of our online services until Advent 2021. There may be a few extra booklets produced for special services (eg St Alban's Day, St Oswald's Day, Harvest, Remembrance etc). Aside from these special services we will alternate between Morning Prayer and Holy Communion.

All services will go live on the website <https://westburyparkchurch.org.uk/> at 10.15am on Sunday mornings. They are able to be watched any time after that too - in fact you can binge watch over a year's worth of services on the Youtube Channel if you like. If you would like to receive services on a CD or DVD please do speak to Abigail in the office. We also have a dial in service so you can access them from a landline. Further details are available from the office.

We meet for coffee on Zoom after the Sunday service please do join us.

<https://us02web.zoom.us/j/9824656635?pwd=L0wIQjFCeTUxQlhPMFFwYUZ3Mi9iQT09>

Meeting ID: 982 465 6635

Passcode: Alban

Or you can phone in by calling 131 460 1196 and using the following details:

Meeting ID: 982 465 6635

Passcode: 573870

## Church isn't just for Sunday

Other online events during the week include:

Daily **Morning Prayer** - on the website

Monday **Compline/Night Prayer** on Zoom at 8pm. Meeting ID is: 609 432 5387

& Friday <https://us04web.zoom.us/j/6094325387>. Passcode 5tk63n

Tuesday **Coffee on Zoom** - 11am-12noon. Pop in whenever suits you - for the whole hour or just a few minutes - sorry - you'll have to bring your own cuppa!  
Use the Sunday Zoom information to join in.

Wednesday **Thought for the Day** with Mike - it's on the website - just where you find the Sunday Services <https://westburyparkchurch.org.uk/>

# Holy Communion for Ordinary Time

## THE GREETING

Grace, mercy and peace from God our Father  
and the Lord Jesus Christ be with you  
**and also with you.**

## PRAYER OF PREPARATION *(please kneel)*

**Almighty God, to whom all hearts are open,  
all desires known, and from whom no secrets are hidden:  
cleans the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

## PRAYERS OF PENITENCE

Our Lord Jesus Christ said: The first commandment is this:  
'Hear, O Israel, the Lord our God is the only Lord.  
You shall love the Lord your God with all your heart, with all your soul,  
with all your mind, and with all your strength.'

The second is this: 'Love your neighbour as yourself.'  
There is no other commandment greater than these.  
On these two commandments hang all the law and the prophets.  
**Amen. Lord, have mercy.**

God so loved the world that he gave his only Son Jesus Christ to save us from our sins,  
to be our advocate in heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved to keep God's  
commandments and to live in love and peace with all.

**Father eternal, giver of light and grace,  
we have sinned against you and against our neighbour,  
in what we have thought  
in what we have said and done,  
through ignorance, through weakness,  
through our own deliberate fault.  
We have wounded your love,  
and marred your image in us.  
We are sorry and ashamed, and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us, forgive us all that is past,  
and lead us out from darkness  
to walk as children of light. Amen.**

## **THE GLORIA**

**Glory to God in the highest  
and peace to his people on earth.**

**O Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

## **THE COLLECT**

*The president introduces a period of silent prayer with the words 'Let us pray'.*

*The Collect is said and all respond*

**Amen.**

## **THE LITURGY OF THE WORD**

### **READINGS**

*A reading from Scripture precedes the Gospel.*

*At the end the reader says:*

This is the word of the Lord.

*And we all respond*

**Thanks be to God.**

### **GOSPEL READING**

Hear the Gospel of our Lord Jesus Christ according to N.

**Glory to you, O Lord.**

*At the end*

This is the Gospel of the Lord

**Praise to you, O Christ.**

## **SERMON**

## THE CREED

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father; through him all things were made.  
For us and for our salvation he came down from heaven,  
and was incarnate from the Holy Spirit and the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

## PRAYERS OF INTERCESSION *(please kneel)*

*The response to the bidding*

Lord in your mercy

Is **Hear our prayer**

*And at the end*

Merciful Father,

**Accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

## THE LITURGY OF THE SACRAMENT

### THE PEACE *(please stand)*

*The president introduces the Peace with a suitable sentence.*

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of God's peace.

*All may exchange a sign of peace.*

## **THE PREPARATION OF THE TABLE**

Blessed are you, Lord God of all creation:  
through your goodness we have this bread to set before you,  
which earth has given and human hands have made.  
It will become for us the bread of life.

**Blessed be God for ever.**

Blessed are you, Lord God of all creation:  
through your goodness we have this wine to set before you,  
fruit of the vine and work of human hands.  
It will become for us the cup of salvation.

**Blessed be God for ever.**

## **THE EUCHARISTIC PRAYER**

The Lord be with you  
**and also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness to be our Saviour.  
By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

*Short Proper Preface, when appropriate*

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and *saying*:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will, these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,

took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.  
In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying: Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.  
Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of [N and] all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

**Amen.**

**THE LORD'S PRAYER** *(please kneel)*

As our Saviour taught us, so we pray

**Our Father in heaven,  
hallowed be your name,  
your Kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Lead us not into temptation  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours  
now and for ever. Amen.**

## **BREAKING OF THE BREAD**

We break this bread to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

## **GIVING OF COMMUNION**

Jesus is the Lamb of God

who takes away the sin of the world.

Blessed are those who are called to his supper;

**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*Because of the new ways we are currently called to be church we are not able to meet together and receive the bread and wine. The president will receive it on behalf of all of us and we each receive the sacrament spiritually - in a practise known as spiritual reception which has been practised for hundreds of years by those who for many reasons are unable to be at church.*

## **Act of Spiritual Reception**

**In union, dear Father, with Christian people throughout the world and across the centuries gathered to make Eucharist, hearing your holy Word and receiving the Precious Body and Blood, I offer you praise and thanksgiving. Even though I am exiled from tasting the Bread of Heaven and drinking the Cup of Life I pray that you will unite me with all the baptised and with your Son who gave his life for us. Come Lord Jesus, dwell in me and send your Holy Spirit that I may be filled with your presence. Amen**

## **PRAYER AFTER COMMUNION**

*Silence is kept. Then all say*

**Faithful God, in baptism you have adopted us as your children, made us members of the body of Christ and chosen us as inheritors of your kingdom: we thank you that in this Eucharist you renew your promises within us. Empower us by your Spirit to witness and to serve, and send us out as disciples of your Son, Jesus Christ our Lord. Amen.**

## **THE DISMISSAL**

The Peace of God, which passes all understanding,

keep your hearts and minds in the knowledge and love of God,

and of his Son Jesus Christ our Lord;

and the blessing of God Almighty,

the Father, the Son and the Holy Spirit, be among you and remain with you always.

**Amen.**

Go in peace to love and serve the Lord.

**In the name of Christ, Amen.**

# Morning Prayer for Ordinary Time

## Greeting

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ be with you  
**and also with you.**

## Prayers of Penitence

*The minister introduces the confession.*

**Lord God, we have sinned against you;  
we have done evil in your sight.  
We are sorry and repent.  
Have mercy on us according to your love.  
Wash away our wrongdoing and cleanse us from our sin.  
Renew a right spirit within us  
and restore to us the joy of your salvation,  
through Jesus Christ our Lord. Amen.**

May the Father of all mercies cleanse *you* from *your* sins,  
and restore *you* in his image to the praise and glory of his name,  
through Jesus Christ our Lord. **Amen.**

## Praise

Let everything be said and done in the name of the Lord Jesus,  
**giving thanks to God through Jesus Christ.**  
Sing psalms, hymns and sacred songs:  
**let us sing to God with thankful hearts.**  
Open our lips, Lord:  
**and we shall praise your name.**

## The Venite

**1 O come, let us sing to the Lord;  
let us heartily rejoice in the rock of our salvation.**  
2 Let us come into his presence with thanksgiving  
and be glad in him with psalms.  
3 For the Lord is a great God  
and a great king above all gods.  
4 In his hand are the depths of the earth  
and the heights of the mountains are his also.  
5 The sea is his, for he made it,  
and his hands have moulded the dry land.  
6 Come, let us worship and bow down  
and kneel before the Lord our Maker.  
7 For he is our God;  
we are the people of his pasture and the sheep of his hand.

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

## **Word**

*The Psalm(s) appointed for the day is said*

*Each psalm or group of psalms may end with*

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

## **Bible Readings**

*After each reading this response may be used*

This is the word of the Lord.

**Thanks be to God.**

## **Sermon**

### **Apostles' Creed**

**I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.**

### **The Lord's Prayer**

*As our Saviour taught us, so we pray*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever. Amen.**

### **Prayers of Intercession**

*One of these responses may be used*

Lord in your mercy.

**Receive our prayer.**

*(or)*

Your kingdom come.

**Your will be done.**

### **The Collect**

*The Collect, the prayer of the day, is said.*

### **Conclusion**

*A blessing may be given.*

*The service ends with the Grace, or another ending.*

**The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with us all evermore.  
Amen.**

# **An Order for Night Prayer (Compline)**

## **The Preparation**

The Lord almighty grant us a quiet night and a perfect end.

**Amen.**

Our help is in the name of the Lord  
**who made heaven and earth.**

*A period of silence for reflection on the past day may follow.*

*The following or other suitable words of penitence may be used*

**Most merciful God,  
we confess to you,  
before the whole company of heaven and one another,  
that we have sinned in thought, word and deed  
and in what we have failed to do.  
Forgive us our sins,  
heal us by your Spirit  
and raise us to new life in Christ. Amen.**

○ God, make speed to save us.

**○ Lord, make haste to help us.  
Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.  
Alleluia.**

*The following or another suitable hymn may be sung*

Before the ending of the day,  
Creator of the world, we pray  
That you, with steadfast love, would keep  
Your watch around us while we sleep.

From evil dreams defend our sight,  
From fears and terrors of the night;  
Tread underfoot our deadly foe  
That we no sinful thought may know.

○ Father, that we ask be done  
Through Jesus Christ, your only Son;  
And Holy Spirit, by whose breath  
Our souls are raised to life from death.

## **The Word of God**

### **Psalmody**

#### *Psalm 4 (Monday)*

*1 Answer me when I call, O God of my righteousness;  
you set me at liberty when I was in trouble;  
have mercy on me and hear my prayer.*

*2 How long will you nobles dishonour my glory;  
how long will you love vain things and seek after falsehood?*

*3 But know that the Lord has shown me his marvellous kindness;  
when I call upon the Lord, he will hear me.*

*4 Stand in awe, and sin not;  
commune with your own heart upon your bed, and be still.*

*5 Offer the sacrifices of righteousness  
and put your trust in the Lord.*

*6 There are many that say, 'Who will show us any good?'  
Lord, lift up the light of your countenance upon us.*

*7 You have put gladness in my heart,  
more than when their corn and wine and oil increase.*

*8 In peace I will lie down and sleep,  
for it is you Lord, only, who make me dwell in safety.*

#### **Psalm 139:1-18 (Friday)**

**1** O Lord, you have searched me out and known me;  
you know my sitting down and my rising up;  
you discern my thoughts from afar.

**2** You mark out my journeys and my resting place  
and are acquainted with all my ways.

**3** For there is not a word on my tongue,  
but you, O Lord, know it altogether.

**4** You encompass me behind and before  
and lay your hand upon me.

**5** Such knowledge is too wonderful for me,  
so high that I cannot attain it.

**6** Where can I go then from your spirit?  
Or where can I flee from your presence?

**7** If I climb up to heaven, you are there;  
if I make the grave my bed, you are there also.

**8** If I take the wings of the morning  
and dwell in the uttermost parts of the sea,

**9** Even there your hand shall lead me,  
your right hand hold me fast.

**10** If I say, 'Surely the darkness will cover me  
and the light around me turn to night,'

**11** Even darkness is no darkness with you;  
the night is as clear as the day;  
darkness and light to you are both alike.

**12** For you yourself created my inmost parts;  
you knit me together in my mother's womb.

**13** I thank you, for I am fearfully and wonderfully made;  
marvellous are your works, my soul knows well.

14 My frame was not hidden from you,  
when I was made in secret  
and woven in the depths of the earth.  
15 Your eyes beheld my form, as yet unfinished;  
already in your book were all my members written,  
16 As day by day they were fashioned  
when as yet there was none of them.  
17 How deep are your counsels to me, O God!  
How great is the sum of them!  
18 If I count them, they are more in number than the sand,  
and at the end, I am still in your presence..

*Alternative Psalms*

**Psalm 91**

1 Whoever dwells in the shelter of the Most High •  
and abides under the shadow of the Almighty,  
2 Shall say to the Lord, 'My refuge and my stronghold, •  
my God, in whom I put my trust.'  
3 For he shall deliver you from the snare of the fowler •  
and from the deadly pestilence.  
4 He shall cover you with his wings  
and you shall be safe under his feathers; •  
his faithfulness shall be your shield and buckler.  
5 You shall not be afraid of any terror by night, •  
nor of the arrow that flies by day;  
6 Of the pestilence that stalks in darkness, •  
nor of the sickness that destroys at noonday.  
7 Though a thousand fall at your side  
and ten thousand at your right hand, •  
yet it shall not come near you.  
8 Your eyes have only to behold •  
to see the reward of the wicked.  
9 Because you have made the Lord your refuge •  
and the Most High your stronghold,  
10 There shall no evil happen to you, •  
neither shall any plague come near your tent.  
11 For he shall give his angels charge over you, •  
to keep you in all your ways.  
12 They shall bear you in their hands, •  
lest you dash your foot against a stone.  
13 You shall tread upon the lion and adder; •  
the young lion and the serpent you shall trample underfoot.  
14 Because they have set their love upon me,  
therefore will I deliver them; •  
I will lift them up, because they know my name.  
15 They will call upon me and I will answer them; •  
I am with them in trouble,  
I will deliver them and bring them to honour.  
16 With long life will I satisfy them •  
and show them my salvation.

## **Psalm 134**

1 Come, bless the Lord, all you servants of the Lord, •  
you that by night stand in the house of the Lord.

2 Lift up your hands towards the sanctuary •  
and bless the Lord.

3 The Lord who made heaven and earth •  
give you blessing out of Zion.

*At the end of the psalmody, the following is said or sung*

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

## **Scripture Reading**

*Short Reading: the following or some other*

*(Monday)*

Thus said the Lord God, the Holy One of Israel: In returning and rest you shall be saved; in quietness and in trust shall be your strength.

*Isaiah 30.15.*

*(Friday)*

God has destined us not for wrath but for obtaining salvation through our Lord Jesus Christ, who died for us, so that whether we are awake or asleep we may live with him.

*1 Thessalonians 5.9, 10.*

*(Alternative readings)*

You, O Lord, are in the midst of us and we are called by your name; leave us not, O Lord our God.

*Jeremiah 14.9*

Be sober, be vigilant, because your adversary the devil is prowling round like a roaring lion, seeking for someone to devour. Resist him, strong in the faith.

*1 Peter 5.8, 9*

The servants of the Lamb shall see the face of God, whose name will be on their foreheads. There will be no more night: they will not need the light of a lamp or the light of the sun, for God will be their light, and they will reign for ever and ever.

*Revelation 22.4, 5*

## **Responsory**

Into your hands, O Lord, I commend my spirit.

**Into your hands, O Lord, I commend my spirit.**

For you have redeemed me, Lord God of truth.

**I commend my spirit.**

Glory to the Father and to the Son  
and to the Holy Spirit.

**Into your hands, O Lord, I commend my spirit.**

Keep me as the apple of your eye.

**Hide me under the shadow of your wings.**

## **Gospel Canticle**

*The Nunc dimittis (The Song of Simeon) is said or sung*

**Save us, O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ  
and asleep may rest in peace..**

- 1 Now, Lord, you let your servant go in peace:  
your word has been fulfilled.
- 2 My own eyes have seen the salvation  
which you have prepared in the sight of every people;
- 3 A light to reveal you to the nations  
and the glory of your people Israel.

Luke 2.29-32

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**Save us, O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ  
and asleep may rest in peace.**

### **Prayers**

*Intercessions and thanksgivings may be offered here.*

### **Collect for Monday**

Be present, O merciful God,  
and protect us through the silent hours of this night,  
so that we who are wearied  
by the changes and chances of this fleeting world,  
may rest upon your eternal changelessness;  
through Jesus Christ our Lord. **Amen**

### **Collect for Friday**

Lord Jesus Christ, Son of the living God,  
who at this evening hour lay in the tomb  
and so hallowed the grave  
to be a bed of hope for all who put their trust in you:  
give us such sorrow for our sins,  
which were the cause of your passion,  
that when our bodies lie in the dust,  
our souls may live with you for ever. **Amen**

### **General collect**

Visit this place, O Lord, we pray,  
and drive far from it the snares of the enemy;  
may your holy angels dwell with us and guard us in peace,  
and may your blessing be always upon us;  
through Jesus Christ our Lord. **Amen**

### **The Lord's Prayer**

**Our Father in heaven  
Hallowed be your Name,  
Your kingdom come, Your will be done,  
On earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
As we forgive those who sin against us.  
Lead us not into temptation  
But deliver us from evil  
For the Kingdom, the power  
And the glory are yours  
Now and for ever.  
Amen**

### **The Conclusion**

In peace we will lie down and sleep;  
**for you alone, Lord, make us dwell in safety.**  
Abide with us, Lord Jesus,  
**for the night is at hand and the day is now past.**  
As the night watch looks for the morning,  
**so do we look for you, O Christ.**  
[Come with the dawning of the day  
**and make yourself known in the breaking of the bread.]**